

## **FLOOD READINESS INFORMATION FOR INDIVIDUALS WITH DISABILITIES**

**There is a risk of flooding in your community.  
Are you prepared?**

### **What to do before flooding happens in your area:**

- If you will not be able to evacuate without help, you need to talk to family members, friends or caregivers about what your needs will be. Do this before you are ordered to evacuate your home.
- If you do not have family, friends or caregivers that can help you in an evacuation, contact the Canadian Red Cross toll-free flood information number, 1-888-350-6070, and let them know you will need help.
- Practice how you will communicate with those that will help you evacuate – how should they move you or your assistive equipment or device. If it is easier for you, write your instructions down ahead of time.
- Put items you will need to take with you in a bag that you can grab and go if you have to evacuate.
- If you have an assistance animal or a pet, make up a grab and go kit for them as well.

### **What to take with you if you get an order to evacuate:**

- Personal care items, items you use that are specific to your disability (equipment or devices), and clothing you will need for a month or more
- Medications
- Important documents like personal ID, banking information, medical care card information, doctor's number, and items of personal value, i.e. family photos

## **Where will you go if you have to evacuate?**

- If you are ordered to leave your home because of flooding, you will need another place to stay for about a month. Make a plan ahead of time to stay with family or friends outside of the flooded area.
- Emergency shelters will only be set up temporarily and may not have the resources to provide for your specific disability.
- Assistance animals will be allowed in emergency shelters, but pets will not. If you have a pet you need to plan for how it will be looked after while you are away from your home.